Memory Support

PRODUCT: **MEMORY SUPPORT**
[Dietary Supplement]

BENEFITS:

Memory Support includes a full range of antioxidants and nutrients that can help protect healthy nerve cells from free-radical damage. The formula also contains herbal extracts that have been shown to support memory function and improved brain health.

N- Acetyl Cysteine and Lipoic Acid are included in this formulation since they help to stimulate the production of glutathione in the cells. Glutathione is one of the most important antioxidants used by our cells and neurons to maintain proper function.

Improves Age-Related Memory Loss

Huperzine A is included in Memory Support for one main reason. It has been shown to be beneficial for age related memory loss due to its ability to help increase the levels of acetylcholine. Acetylcholine is one of the chemicals that our nerves use to communicate in the brain, muscles, and the entire nervous system.

Phosphatidylserine is used for age-related decline in mental function, improving thinking skills in young people, mild depression, preventing exercise-induced stress, and improving athletic performance. Phosphatidylserine is an important chemical with widespread functions in the body. It is part of the cell structure and is vital in the maintenance of cellular function and brain health.

Herbal Support:

Bacopa monnieri is a highly esteemed Ayurvedic herb with a history of use that goes back over 3,000 years. It was used as a brain tonic to enhance memory, learning, and concentration. This remarkable herb is considered an adaptogen — a plant that increases resilience to mental and physical stress. It balances the stress hormones and the neuro-transmitters dopamine, serotonin, and GABA.

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